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**By Jordan Bourke**

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by Kate Whitaker.  
<http://catalogue.nli.ie/Record/vtls000540813>

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Pizza with Duck Ham, Feta and Pesto Recipe: An absolutely thin crust, guilt-free tortilla pizza with homemade pesto, feta, duck ham and tomatoes.

<http://foodpunch.com/pizza-duck-ham-feta-pesto-recipe/>

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1188 Reviews of Roam Artisan Burgers "Wow, and 100% guilt-free. Deliciously indulgent gourmet burgers, without the overly indulgent proportions.

<http://www.yelp.com/biz/roam-artisan-burgers-san-francisco?start=640>

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The Guilt-free Gourmet: Deliciously Indulgent Recipes without Sugar, Wheat or Dairy sets out to prove those nay-sayers wrong. Jordan and Jessica Bourke,

<http://vitalitymagazine.com/book-reviews/review/the-guilt-free-gourmet/>

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9 Great Kitchen Finds for Foodies We've rounded up the best new small appliances and accessories for home chefs. By Shannon Phillips Photography by Carlo Mendoza From

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Escaping Toxic Guilt: Deliciously indulgent recipes without sugar, wheat or dairy Sep 6 2012. by Jordan Bourke and Jessica Bourke.

<http://www.amazon.ca/Guilt-Books/s?ie=UTF8&page=1&rh=n%3A916520%2Ck%3AGuilt>

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**The Natural Food Kitchen: Delicious, seasonal, -**

helpful alternatives to refined cane sugar, wheat flour and dairy by Jordan Bourke free Gourmet - Indulgent recipes without sugar, Deliciously Ella  
<http://www.amazon.co.uk/The-Natural-Food-Kitchen-alternatives/dp/1849755604>

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