

Whatever Is Contained Must Be Released: My  
Jewish Orthodox Girlhood, My Life As A  
Feminist Artist (Jewish Women Writers)  
By Helène Aylon

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**previous issue - Woman's Art Journal -**

Womans Art Journal is a semiannual publication for everyone interested in AN ART SCHOOL OF THEIR OWN: WOMEN'S ATELIERS IN ENGLAND, 1880- Pairing of Polarities: The Life and Art of Sonya Rapoport Whatever is Contained Must Be Released: My Jewish Orthodox Girlhood, My Edited by Hel ne Aylon.

<http://www.womansartjournal.org/34-2.php>

**Amazon.co.uk: Customer Reviews: Whatever is -**

5 stars. "A beautiful and honest book about how life unravels unexpectedly and still makes sense" I absolutely loved "Whatever is Contained: Must be Released" It is a <http://www.amazon.co.uk/product-reviews/155861768X>

**Helene Aylon - Jewish Book Council -**

Whatever is Contained Must Be Released: My Jewish Orthodox Girlhood, My Life as a Feminist Artist.

Art/Culture, Autobiography/Memoir, Women's

<http://www.jewishbookcouncil.org/author/helene-aylon>

**Whatever is Contained Must be Released - Home -**

Whatever Is Contained Must Be Released by Helene Aylon  
Feminist Press at City University of New York I found

Whatever Is Contained Must Be Released while browsing

<http://www.triquarterly.org/reviews/whatever-contained-must-be-released-my-jewish-orthodox-girlhood-my-life-feminist-artist>

**Hel ne Aylon's Whatever is Contained Must be -**

Hel ne Aylon's Whatever is Contained Must be Released: My Jewish Orthodox Girlhood, My Life as a Feminist Artist; Reviewed by Lenore Weiss

<http://bluelyrareview.com/helene-aylon/>

**Whatever Is Contained Must Be Released | 614::HBI -**

Hel ne Aylon was a good Jewish girl raised in Orthodox Brooklyn, married to a rabbi, and a mother of two. an eco-feminist artist whose work speaks to war and peace, women's bodies, to the subtitle: My Jewish Orthodox Girlhood, My Life as a Feminist Artist. . Would you like to be known as a memoir writer as well ?

<http://614ezine.com/whatever-is-contained-must-be-released/>

**The Reuben-Rifkin Jewish Women Writers Series - -**

Books. The Reuben-Rifkin Jewish Women Writers Series: A Joint Project with the Hadassah-Brandeis Institute Whatever is Contained Must Be Released. My Jewish Orthodox Girlhood, My Life as a Feminist Artist. Helene Aylon.

<http://www.feministpress.org/books/fp-series/reubenrifkin-jewish-women-writers-series>

**Project MUSE - Whatever Is Contained Must Be -**

Whatever Is Contained Must Be Released. My Jewish Orthodox Girlhood, My Life as a Feminist Artist. Hel ne Aylon.

Publication Year: 2012

<http://muse.jhu.edu/books/9781558617698>

**Helene Aylon is the author of Whatever is -**

Hel ne Aylon is an Activist Artist whose work has been shown in MoMA, the Whitney and the Warhol museums. Her memoir, published by the Feminist Press, is called

<http://www.jewishbookcouncil.org/visiting/subscribe/helene-aylon>

**HELENE AYLON reads from WHATEVER IS CONTAINED MUST -**

HELENE AYLON reads from WHATEVER IS CONTAINED MUST BE RELEASED in West Palm Beach and Kansas City. Date & time: February 21, 2013 - 6:30pm - 7:30pm

<http://www.feministpress.org/news-events/helene-aylon-reads-whatever-contained-kansas-city-jcc>

**Govt and politics 4 flashcards | Quizlet -**

The clause in the Bill of Rights that protects a citizen's right to believe and practice whatever arrest must be informed of their himself" is contained in

<https://quizlet.com/14281187/govt-and-politics-4-flash-cards/>

**Whatever is Contained Must Be Released | The -**

"Never afraid to question sacred texts, ancient rituals, and religious bias Aylon is a role model for all artists.

Whatever is Contained is an arresting tale of

<http://www.feministpress.org/books/helene-aylon/whatever-contained-must-be-released>

**Animal Sacrifice and the Day of Atonement | Earth -**

on the eve of the Day of Atonement you buy a live chicken from a dealer, Whatever is Contained Must Be Released: My Jewish Orthodox Girlhood,

<http://www.earthintransition.org/2012/09/animal-sacrifice-and-the-day-of-atonement/>

**Obama: ISIS must be dismantled, not just contained -**

Obama: ISIS must be dismantled, not just contained. Shares Tweets Stumble Email More + The Islamic extremists that have

<http://www.cbsnews.com/news/obama-isis-must-be-dismantled->

[not-just-contained/](#)

**Best feminist art: Eco-feminist Helen Aylon -**

Nov 12, 2012 Leading feminist artist Helene Aylon, in her recent book talk at the Brandeis University Rose Art Museum, outlined her life-long struggle to resolve the two ext. is Contained Must be Released: My Jewish Orthodox Girlhood, My Life as a as she called the women: 'Whatever is contained must be released.

<http://www.examiner.com/review/best-feminist-art-eco-feminist-helen-aylon-embodies-paradox>

**Fire extinguisher - Wikipedia, the free encyclopedia -**

A fire extinguisher, (potassium carbonate) solution contained within Under NFPA 10 all commercial vehicles must carry at least one fire extinguisher,

[http://en.wikipedia.org/wiki/Fire\\_extinguisher](http://en.wikipedia.org/wiki/Fire_extinguisher)

**Reviews | Blue Lyra Review -**

Jun 30, 2015 He spent the rest of his life as a poet-member of the proletariat, Whatever is Contained Must be Released: My Jewish Orthodox Aylonna is Hebrew for Hel ne. she marks new feminist ground as a Jewish artist; it is Aylon's roots and She collaborates with other women including the writer and poet

<http://bluelyrareview.com/category/reviews/>

**Helene Aylon | LinkedIn -**

The Feminist Press,; Whatever Is Contained Must Be Released: My Jewish Orthodox Girlhood, My Life as a Feminist Artist. Previous. NY Jewish San Francisco. Master of Arts (M.A.), Women's Studies Writers and Critics Museum & Art

<https://www.linkedin.com/pub/helene-aylon/11/262/668>

**Hel ne Aylon: Artist, Ecofeminist, Author | -**

Oct 11, 2012 It was my turn last night at the Brandeis Rose Art Museum to understand this The title of Hel ne's memoir, Whatever Is Contained Must Be Released, published by The subtitle as well: My Jewish Orthodox Girlhood, My Life as a Feminist Artist. What I have yet to convey is Hel ne's talent as a writer.

<http://jwa.org/blog/hel-ne-aylon-artist-ecofeminist-author>

### **Download PDF Whatever Is Contained Must Be -**

Aug 11, 2015 Click here to download the PDF ebook --

<http://www.youtube.com/watch?v=JUKopXWrg3c>

### **Helene Aylon: Whatever is Contained, Must Be -**

Jun 04, 2013 Visual artist Hel ne Aylon has been breaking ground in how we look at the environment, women's bodies, and spiritual practice since the 1970s. Aylon will

<http://www.youtube.com/watch?v=frNYkMdXwrU>

### **CDC chief says Ebola must be contained in Africa -**

Aug 06, 2014 CDC chief says Ebola must be contained in Africa. Federal officials issue an alert for the disease but say it can and must be contained in Africa.

<http://www.usatoday.com/story/news/nation/2014/08/07/house-holds-ebola-hearing/13718603/>

### **Making Art Where Religion and Rejection Intersect -**

Three women artists who left the religious worlds of their upbringing yet who were Musician Basya Schechter, visual artist Hel ne Aylon and writer Susan Reimer-Torn told their As she writes in her memoir Whatever is Contained Must be Released: My Jewish Orthodox Girlhood, My Life as a Feminist Artist, My degree

<http://lilith.org/articles/making-art-where-religion-and-rejection-intersect/>

### **Whatever Is Contained Must Be Released - -**

With an OverDrive account, you can save your favorite libraries for at-a-glance information about availability. Find out more about OverDrive accounts.

<https://www.overdrive.com/media/1517891/whatever-is-contained-must-be-released>

### **Press Release - the Women's Caucus for Art -**

May 28, 2015 Achievement Awards: Tomie Arai, Hel ne Aylon, Sheila Levrant de Bretteville, and Juana Guzman. The recipient Her memoir Whatever Is Contained Must Be Released: My Jewish Orthodox Girlhood, My Life as a Feminist. Artist Stephanie Sherman is an art curator, director, and writer, who transforms.

<http://www.nationalwca.org/awards/2016awardees/2016%20WCA%20Awards%20PR.pdf>

### **Social justice and Judaism at heart of Aylon's -**

Oct 5, 2012 memoir, *Whatever Is Contained Must Be Released: My Jewish Orthodox Girlhood, My Life as a Feminist Artist*, which chronicles the evolution of her Jewish feminist identity. It was recently published in the Reuben/Rifkin Jewish Women Writer's Series: a joint project of the Hadassah-Brandeis Institute and

<http://www.heleneaylon.com/reviews/BrandeisNOW.pdf>

### **Eco- Artists, Swoon & Aylon, Resist Climate -**

Sep 19, 2014 An ambulance driven by two women pulled away from the Lawrence Lab in Berkeley on May 2, 1982. The Earth Ambulance was the vision of Hel ne Aylon. Book: *Whatever Is Contained Must Be Released: My Jewish Orthodox Girlhood, My Life as a Feminist Artist*, by Hel ne Aylon, The Feminist Press,

<http://activistwithattitude.com/eco-artists-swoon-aylon-resist-climate-chaos/>

### **8 Memoirs to Add to Your Reading List - Jewish -**

The writers of eight memoirs share their powerful stories about family, spirituality, the Hel ne Aylon's memoir *Whatever Is Contained Must Be Released: My Jewish Orthodox Girlhood, My Life as a Feminist Artist* (Feminist Press) is written in a

<http://www.jwi.org/page.aspx?pid=3478>

### **"I found Whatever Is Contained Must Be Released -**

"I found *Whatever Is Contained Must Be Released* while browsing in a feminist bookstore in Chicago and have since been unable to put it down."

<http://www.triquarterly.org/facebook/i-found-whatever-contained-must-be-released-while-browsing-feminist-bookstore-chicago-and>

### **Whatever Is Contained Must Be Released by Helene -**

Shop for *Whatever Is Contained Must Be Released* by Helene Aylon including information and reviews. Find new and used *Whatever Is Contained Must Be Released* on

<http://www.betterworldbooks.com/whatever-is-contained-must-be-released-id-155861768X.aspx>

**Amazon.com: Whatever Is Contained Must Be -**

Whatever Is Contained Must Be Released: My Jewish Orthodox and over one million other books are available for Amazon Kindle. Learn more

<http://www.amazon.com/Whatever-Is-Contained-Must-Released/dp/155861768X>

**Elizabeth A. Sackler Center for Feminist Art -**

Helene Aylon: Whatever is Contained, Must Be Released June 8, 2012

<https://www.brooklynmuseum.org/eascfa/video/videos/helene-aylon-whatever-is-contained-must-be-released>

**Whatever Is Contained Must Be Released (The -**

Whatever Is Contained Must Be Released (The Reuben / Rifkin Jewish Women Writers Series) eBook: Helene Aylon: Amazon.it: Kindle Store

<http://www.amazon.it/Whatever-Contained-Released-Reuben-Writers-ebook/dp/B00HDFHE00>

**Whatever is Contained Must Be Released by Helene -**

Helene Aylon is a visual, conceptual, installation performance artist and eco-feminist whose art has been exhibited at the Whitney Museum, NYC; the Jewish Museum

<https://www.overdrive.com/media/980846/whatever-is-contained-must-be-released>

**Whatever is contained must be released : my -**

Get this from a library! Whatever is contained must be released : my Jewish orthodox girlhood, my life as a feminist artist. [Helene Aylon]

<http://www.worldcat.org/title/whatever-is-contained-must-be-released-my-jewish-orthodox-girlhood-my-life-as-a-feminist-artist/oclc/709681252>

**Whatever Is Contained Must Be Released - Kobo -**

Read Whatever Is Contained Must Be Released My Jewish Orthodox Girlhood, My Life as a Feminist Artist by Helene Aylon with Kobo. Helene Aylon was a good Jewish girl

<https://store.kobobooks.com/en-US/ebook/whatever-is-contained-must-be-released>



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<http://www.target.com/p/whatever-is-contained-must-be-released-paperback/->

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